

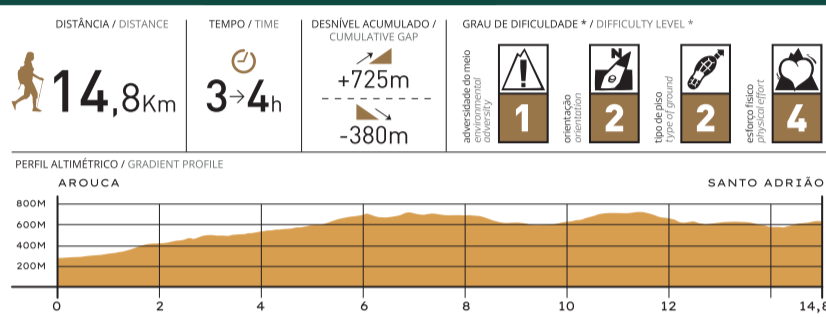
275Km | 170Mi
14 ETAPAS / 14 STAGES



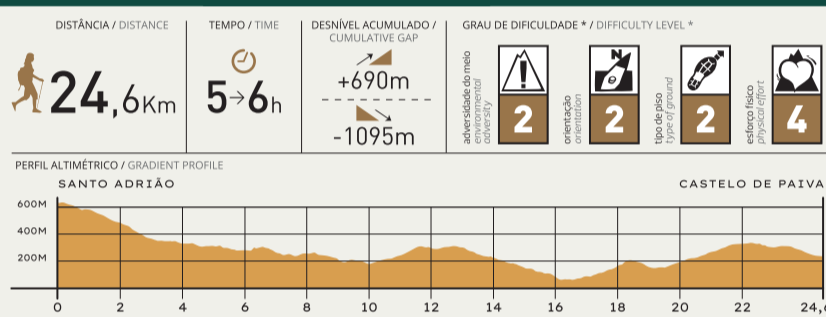
Percorrer a **GR60** - Grande Rota das Montanhas Mágicas - é sinónimo de desafio e simultaneamente de evasão. A cada passo dado, por trilhos e veredas, entre planaltos e vales onde o tempo passa devagar, descobrimos um património natural, rural e histórico-cultural apaixonantes, apenas comparável com as paisagens que nos envolvem.

To walk in the **GR60** - Grand Route of the Magic Mountains is synonymous of challenge and, at the same time, evasion. At each step, through trails and paths, between plateaus and valleys where time passes slowly, we unveil an exciting natural, rural and historical-cultural heritage, only comparable to the landscapes that surround us.

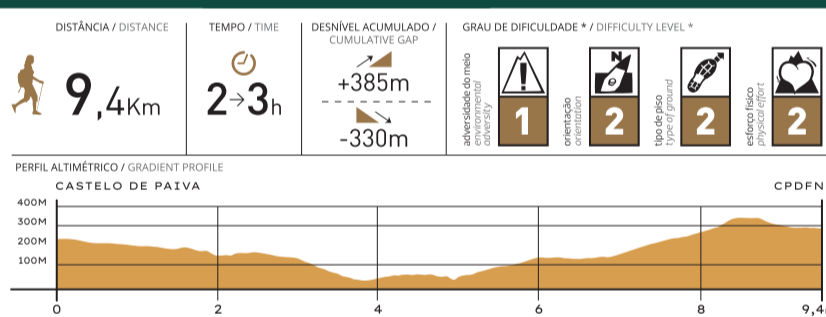
AROUCA → SANTO ADRIÃO



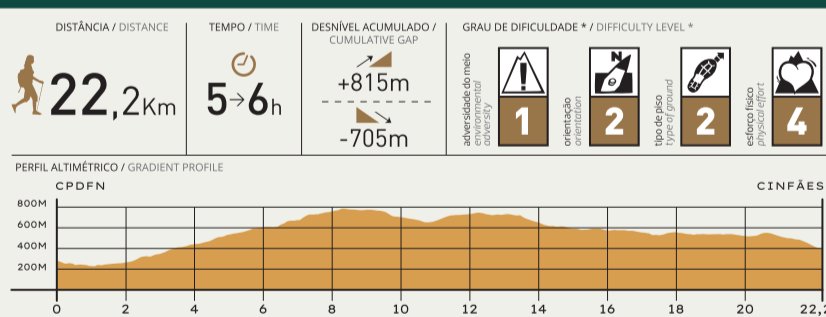
SANTO ADRIÃO → CAST.º DE PAIVA



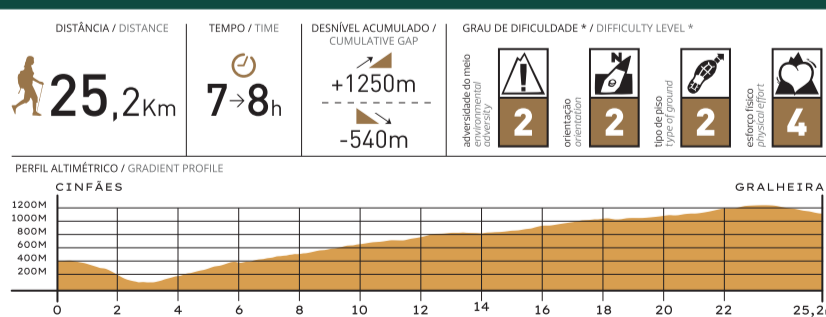
CAST.º PAIVA → CPDFN CENTRO DE PROMOÇÃO DO DESPORTO FLUVIAL E DE NATUREZA



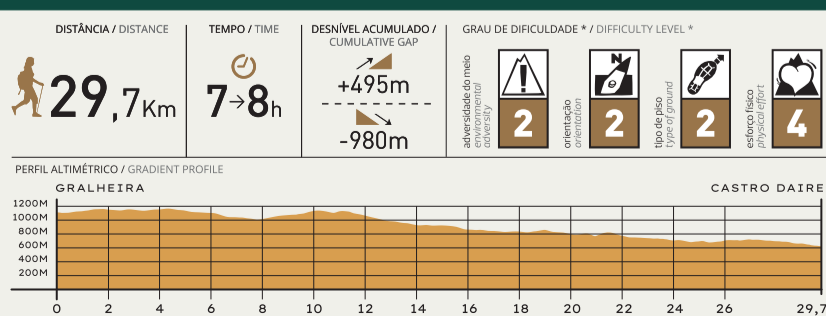
CPDFN CENTRO DE PROMOÇÃO DO DESPORTO FLUVIAL E DE NATUREZA → CINFAES



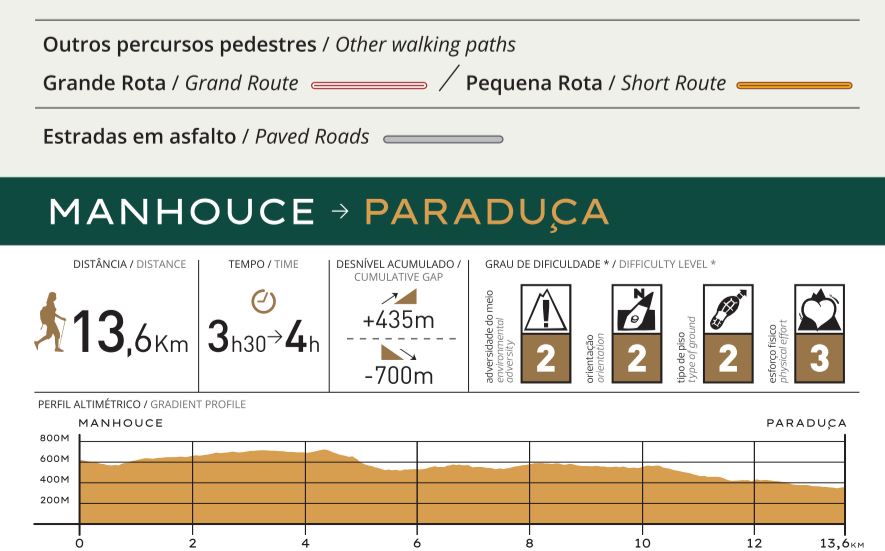
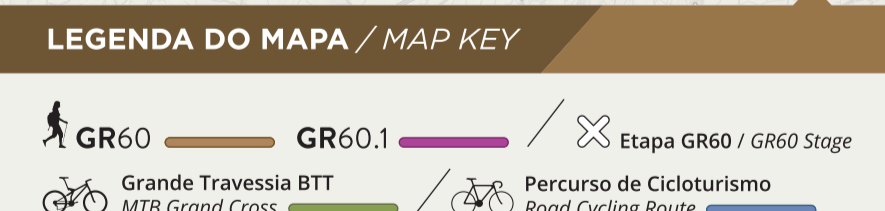
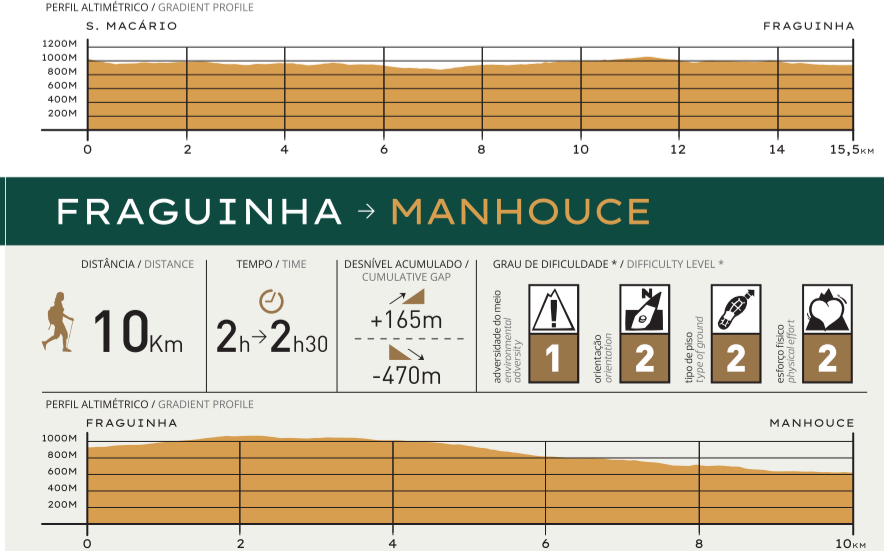
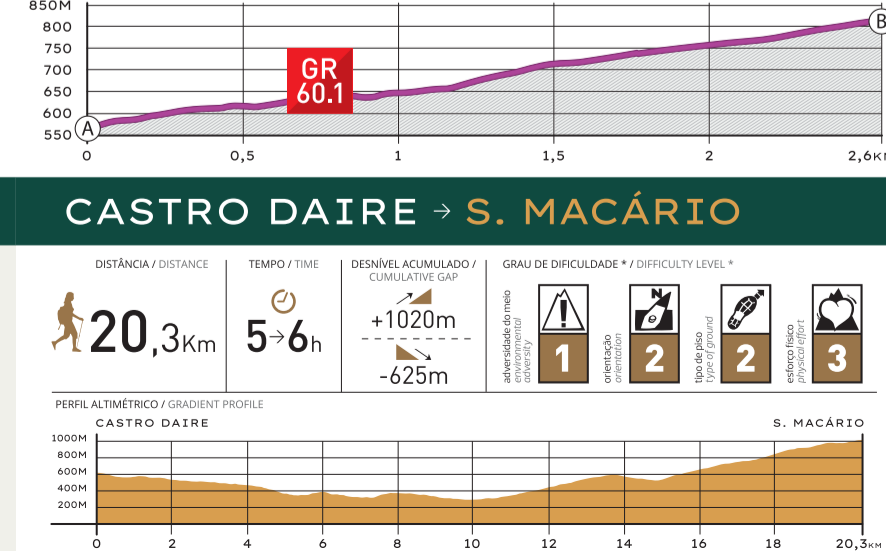
CINFAES → GRALHEIRA



GRALHEIRA → CASTRO DAIRE



GRANDE ROTA
GRAND ROUTE



312Km | 194Mi



PERCURSO DE CICLOTURISMO ROAD CYCLING ROUTE

Esta rota define-se pelo contínuo ziguezaguear por entre lugares cravados em pleno coração das Montanhas Mágicas, situados entre vales profundos e os pontos mais altos das serras. As estradas cénicas instigam à vontade de querer cada vez mais, de não parar, continuar e... repetir.

This road is defined by the continuous zigzag through the nestled places in the heart of the Magical Mountains, located between the deep valleys and the highest mountain summits. The picturesque roads stimulate the desire to want more and more, not to stop, to carry on and... repeat.

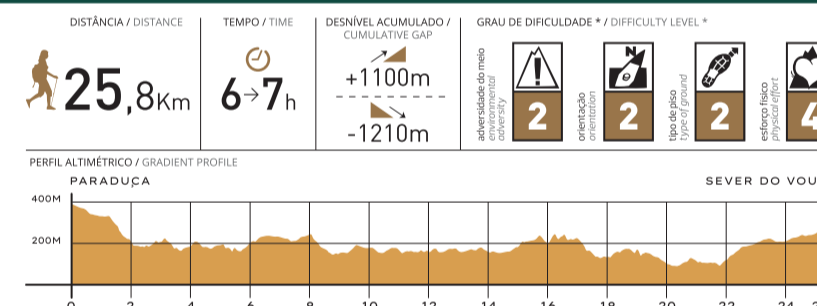


GRANDE TRAVESSIA / BTT MTB GRAND CROSS

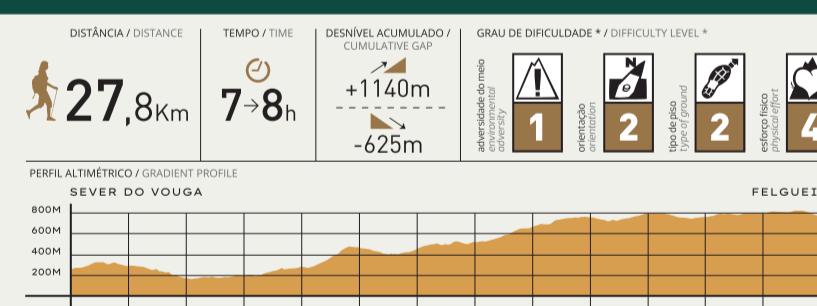
Esta é a rota de eleição para quem deseja conhecer os seus limites, um segredo bem guardado para os amantes de BTT. Nela encontrará inúmeros locais de contemplação, onde poderá repousar a vista e escutar o som das montanhas, onde cada vale esconde um segredo e cada aldeia uma tradição.

This is the best mountain bike route for those who wish to discover its limits, a well-kept secret for mountain bike lovers. You will find many places to contemplate, where you can rest your eyes and listen to the sound of the mountains, where each valley hides a secret and each village a tradition.

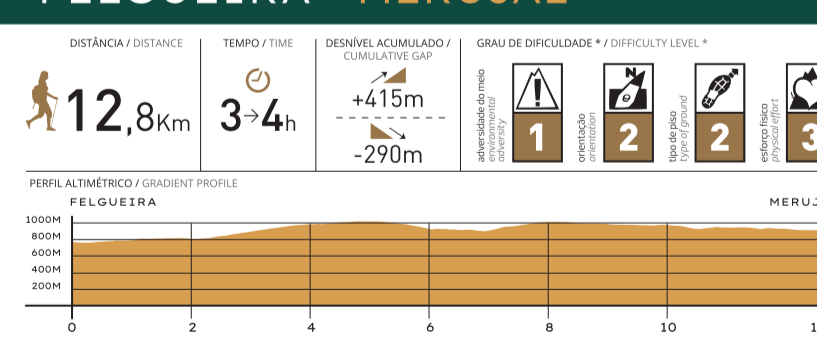
PARADUÇA → SEVER DO VOUGA



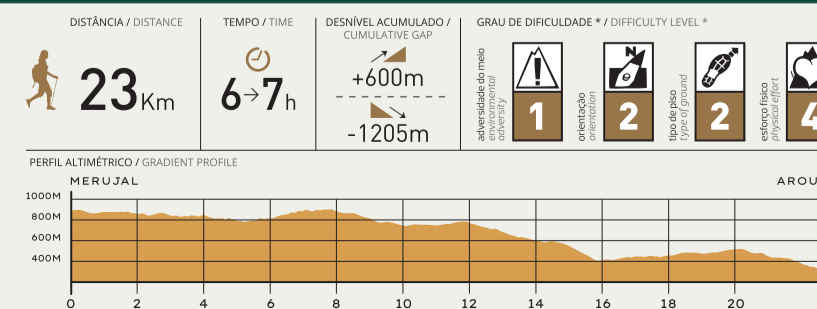
SEVER DO VOUGA → FELGUEIRA



FELGUEIRA → MERUJAL



MERUJAL → AROUCA



* O grau de dificuldade é representado segundo 4 itens diferentes, sendo cada um deles avaliado numa escala de 1 a 5 (do mais fácil ao mais difícil). * The difficulty level is represented by 4 different symbols each of which ranges from 1 (the easiest) to 5 (the most difficult).

MAPAS / MAPS: 134, 135, 136, 137, 144, 145, 146, 147, 154, 155, 156, 157, 164, 165, 166, 167, 175, 176, 177, 178 — (Série 88 - IGEOE / 1:25.000)

LEGENDA DO MAPA / MAP KEY

- GR60 Grande Rota / Grand Route
- GR60.1 Pequena Rota / Short Route
- Etapa GR60 / GR60 Stage
- Grande Travessia BTT / MTB Grand Cross
- Percurso de Cicloturismo / Road Cycling Route
- Outros percursos pedestres / Other walking paths
- Estradas em asfalto / Paved Roads

